

• RELATIONSHIP ISSUES • STRESS • ANXIETY • W.S.I.B. •

• GRIEF & BEREAVEMENT • COMMUNICATION SKILLS • ADJUSTMENT TO CHANGE • PSYCHOLOGICAL DISABILITIES IN AUTO CLAIMS

• DEPRESSION • CHILD BEHAVIOURAL PROBLEMS • ADOLESCENT ISSUES • SELF-ESTEEM • TRAUMA RECOVERY • LACK OF MOTIVATION

# Cowman Psychological Services

## TREATMENT

Individual adult psychotherapy



Therapy for adolescents, children  
& their families



Trauma recovery  
& pain management



## ASSESSMENT SERVICES

Psychological assessment



Vocational assessment



491 Lawrence Avenue West, Suite 203  
Toronto, Ontario M5M 1C7  
(Southeast corner of Lawrence & Bathurst)

**416-410-7803**  
For free telephone consultation

• PARENTING ISSUES • ADJUSTMENT TO DIVORCE

# Cowman Psychological Services



**Dr. Deborah Cowman, Ph.D.,** brings compassion and insight to her practice with individuals, couples and families.

Dr. Cowman helps her clients develop a sense of wholeness and self-worth, and to renew their courage to find creative solutions to difficult personal and family conflicts. Dr. Cowman did her graduate work at York University, focusing on developmental, personality and clinical psychology. She has done clinical training with children, adolescents and adults, with additional experience in parenting and vocational and rehabilitation issues. Dr. Cowman consults and collaborates with other health professionals as needed. She is a registered psychologist in the Province of Ontario.

Dr. Cowman has extensive experience in psychological and vocational assessment for the purpose of planning treatment for rehabilitation, for dispute resolution, and as an independent evaluator.

- **Fees** Clients are billed directly on a per session basis. Many of the services provided are covered by Employee Assistance Plans and other forms of Insurance Benefits.
- **Referrals** Clients can contact Dr. Cowman directly, or may be referred by physicians, employee assistance programs, claims representatives, case managers, schools and other mental health professionals.
- **Please feel free to call 416-410-7803 for more information.**